



# Our Ancient Inheritance

with Eileen Kiera  
Senior Dharma Teacher in the Plum Village Tradition

**April 2 - 9**



*On retreat, the varied thrush sings us awake and tree-frogs sing us to sleep. The wind whistles through the cedars. Tender shoots unfurl new green growth. We touch the golden stillness of each unfolding moment, and the peace of the ancient inheritance arises within.*

**Location: Mountain Lamp Community  
Deming, WA**

**Fees: \$420 (US Dollars) + Dana**

\* 5% Mountain Lamp Circle of Friends discount

\* 5% Camping Discount

\* **Canadians! we are accepting Canadian \$ at par due to the current exchange rate**

**Please send a \$100 non-refundable deposit at time of registration**

**To register visit [mountainlamp.org](http://mountainlamp.org) or email us at [ml-info@mountainlamp.org](mailto:ml-info@mountainlamp.org)**



**Eileen Kiera** is an ecologist by training and a vegetable gardener by passion, but the practice and support of the Dharma has been her primary focus for the past 26 years. She is a student of Thich Nhat Hanh

and Robert Aitken, Roshi. Thich Nhat Hahn acknowledged her as a dharma teacher in 1990, and since then she's led retreats in many places in the U.S., Europe and Australia. Her primary commitment, however, is to support the maturing of Dharma practice near her home in the Pacific Northwest.